

図40 手を水平、掌を下向きにしてリラックス脱力 (000.txt)

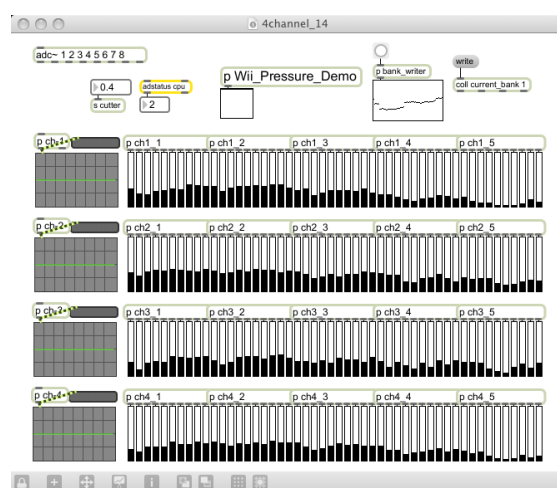


図41 「おいでおいで」の形に手首を90度、手前に曲げる (001.txt)

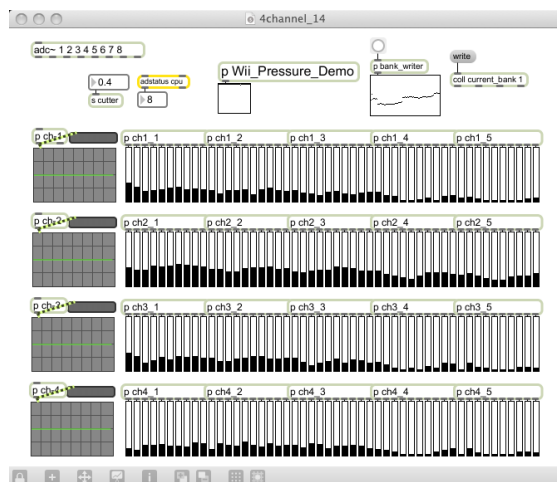
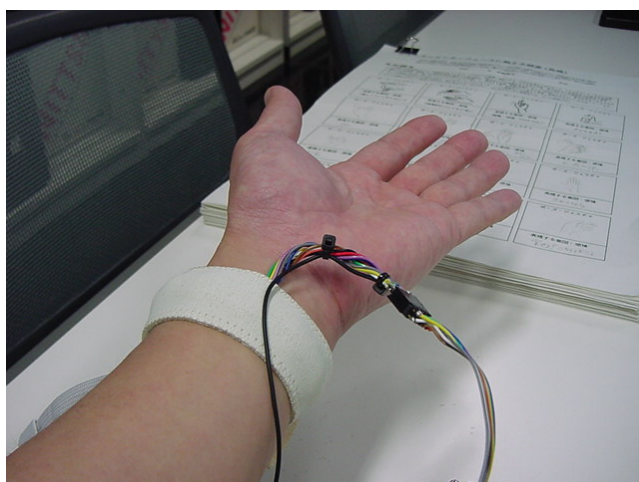


図42 手を水平、掌を上向きにしてリラックス脱力 (002.txt)

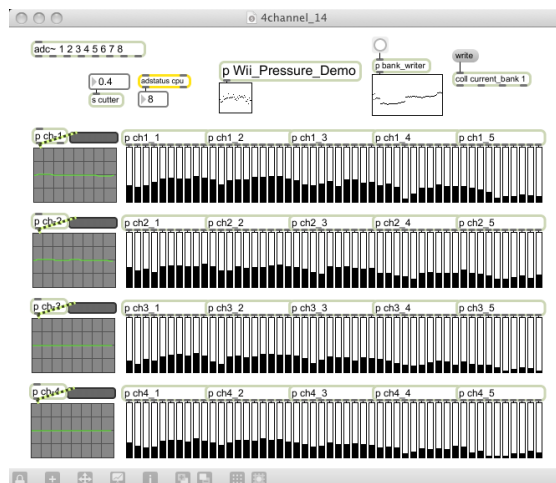
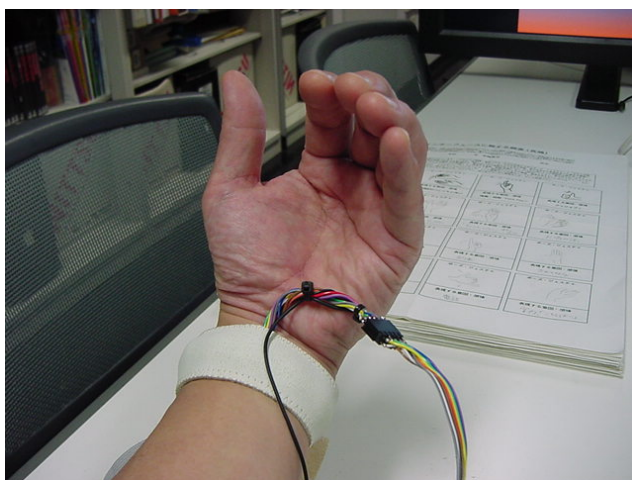


図43 「こっちに來い」の形に手首を90度、手前に曲げる (003.txt)

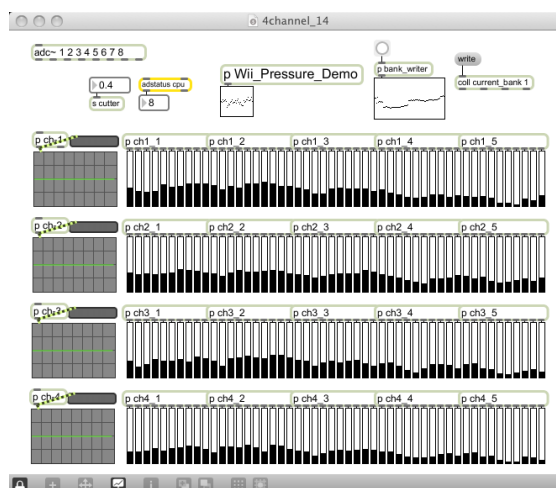
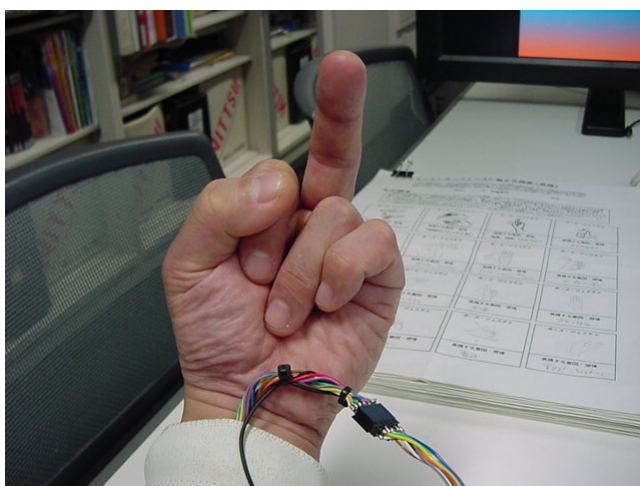


図44 中指を立てて侮蔑・挑発する (004.txt)

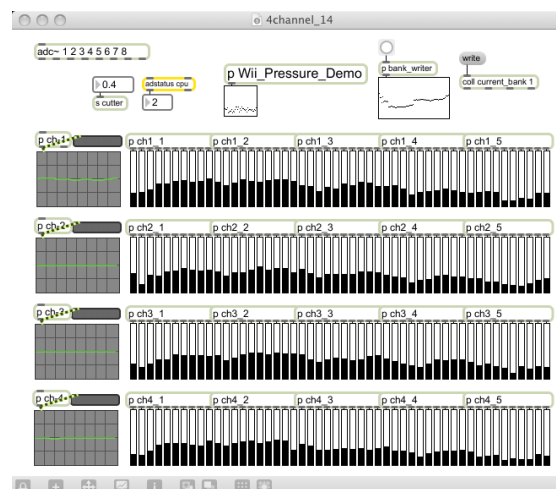
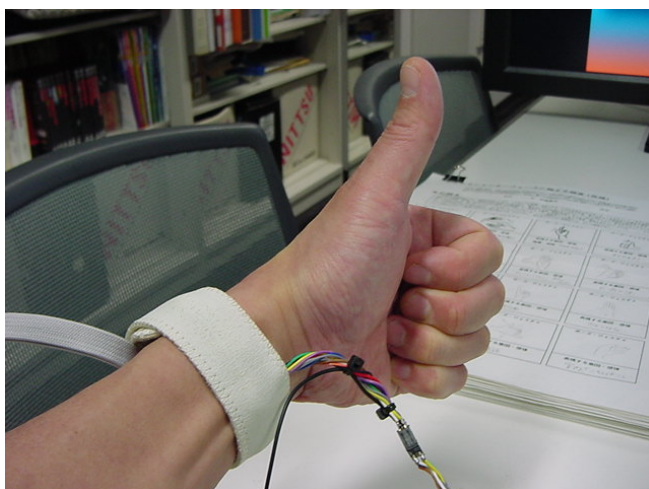


図45 親指を立てて「グッジョブ！」 (005.txt)



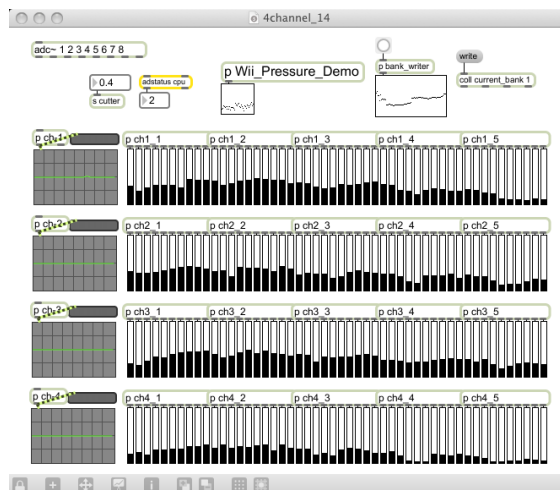
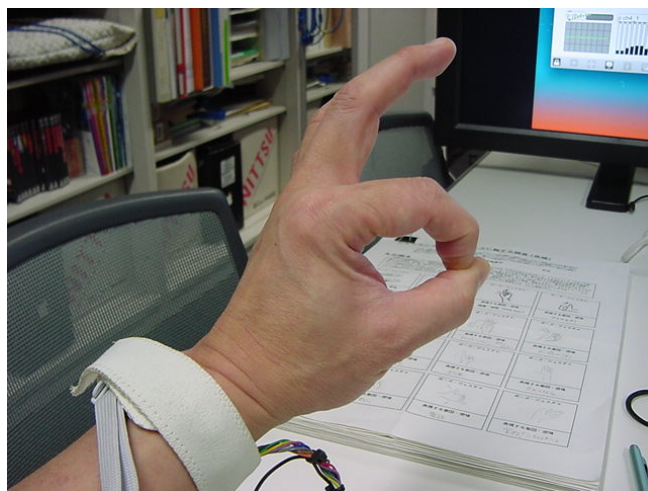


図46 親指と人差し指とでマルを作って「OK」(006.txt)

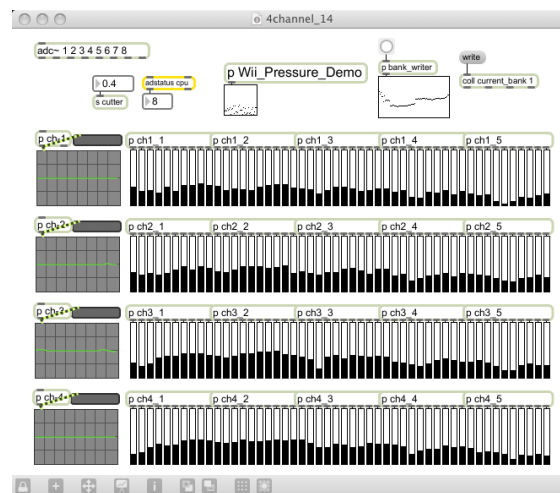


図47 拳骨をグッと握りしめる(親指は外側) (007.txt)

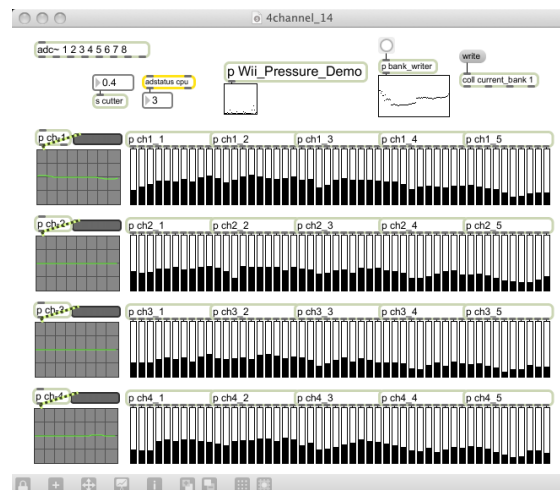


図48 掌を思いっきり「パー」に開く (008.txt)

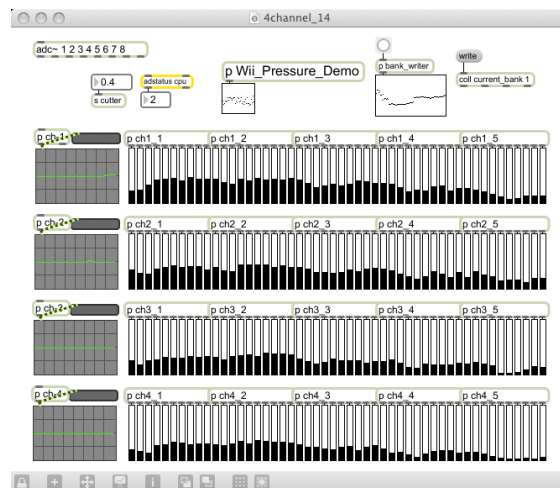
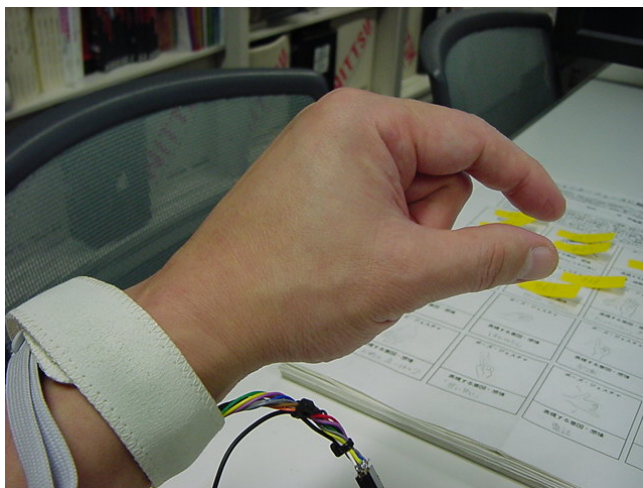


図49 2本の指先で「つまむ/ほんの少し」のポーズ (009.txt)

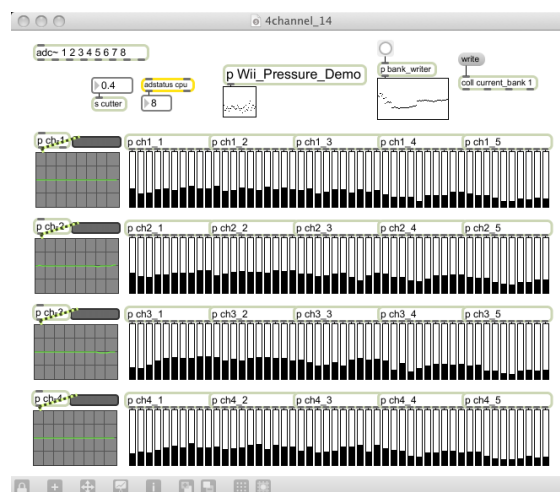
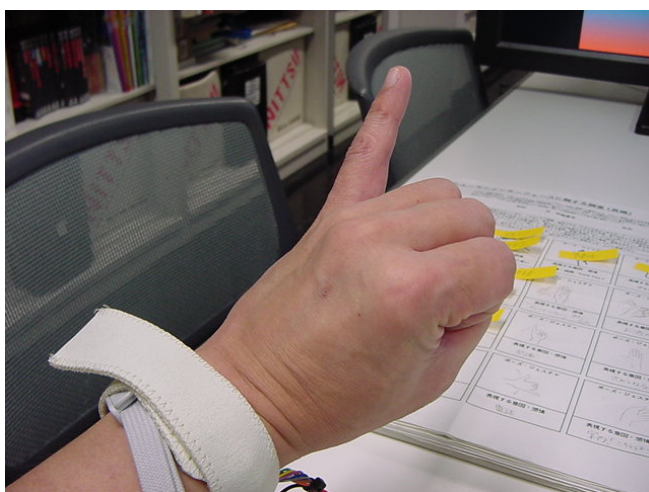


図50 小指だけを立てるいろいろな意味のポーズ (010.txt)

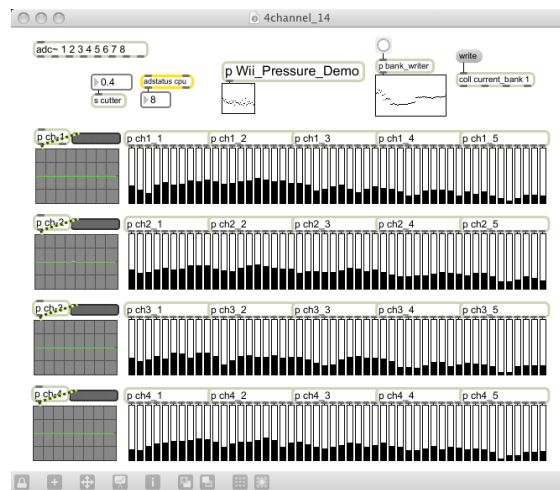
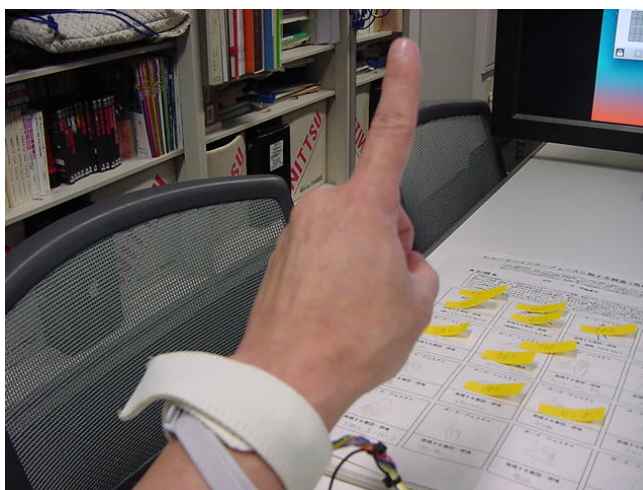


図51 人差し指だけをピンと立てる (011.txt)



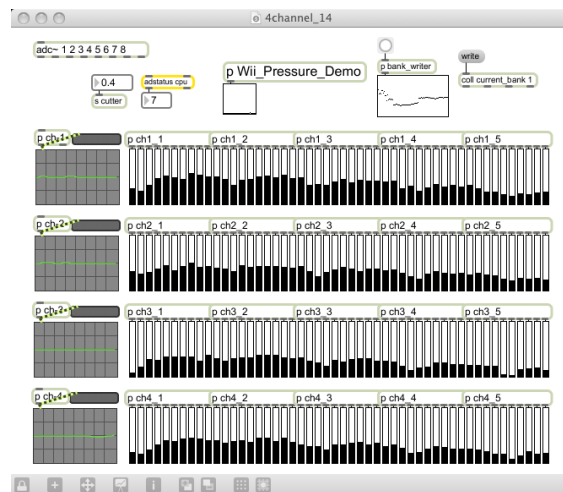


図52 掌を立てて親指だけを開く (012.txt)

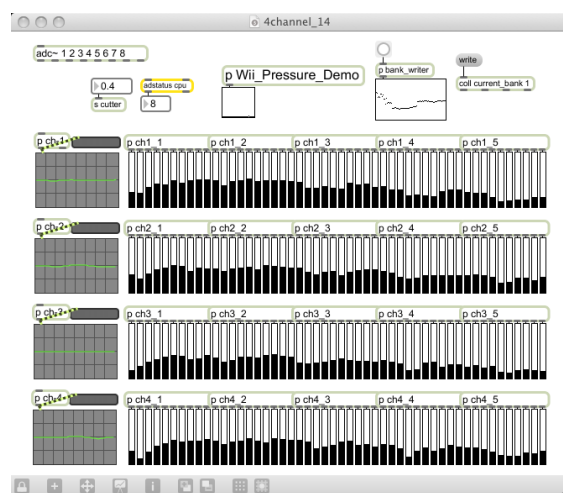


図53 掌を伏せて「電話」のポーズ(力が入る) (013.txt)

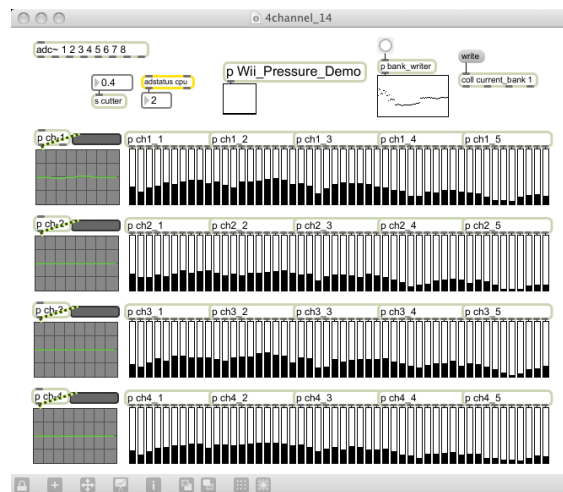
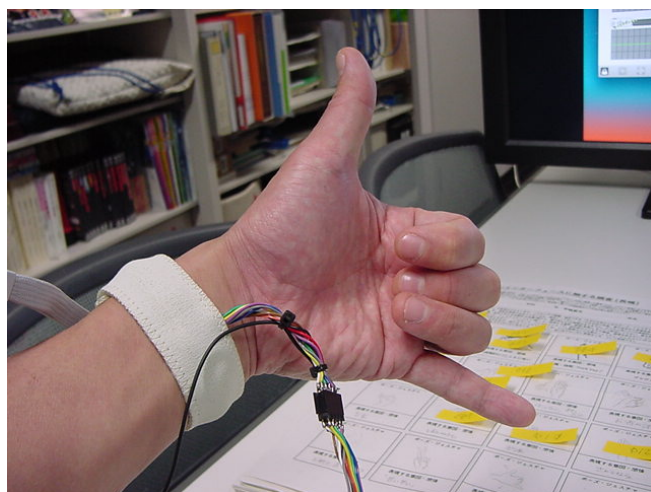


図54 掌を自分の内側に向けて「電話」のポーズ (014.txt)

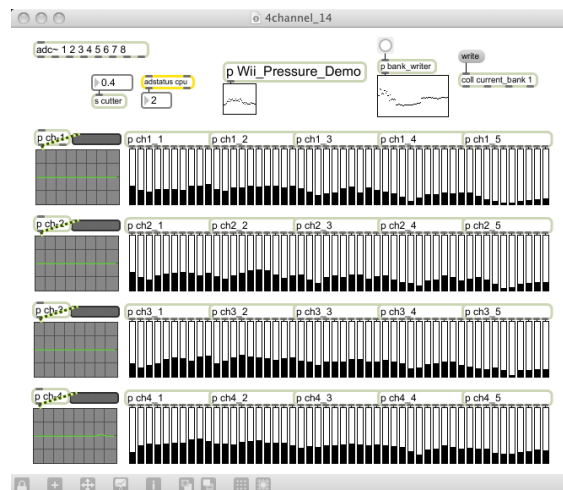


図55 拳を裏向けにしてノックするために握る (015.txt)

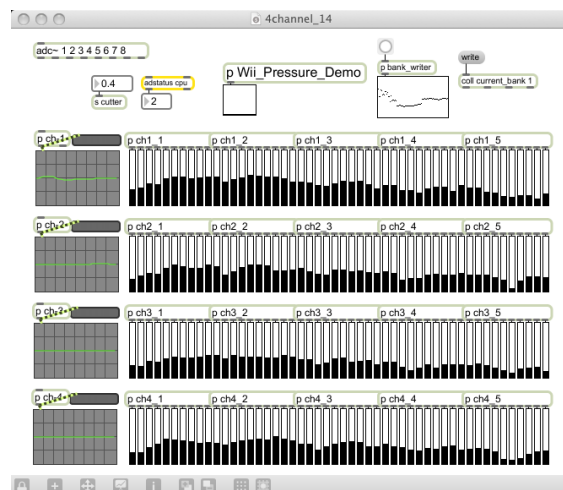


図56 掌を立てて思いっきり開いて「止まれ、待て!」(016.txt)

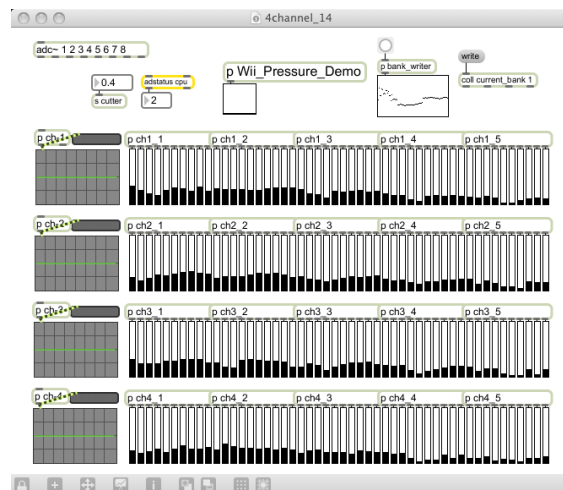
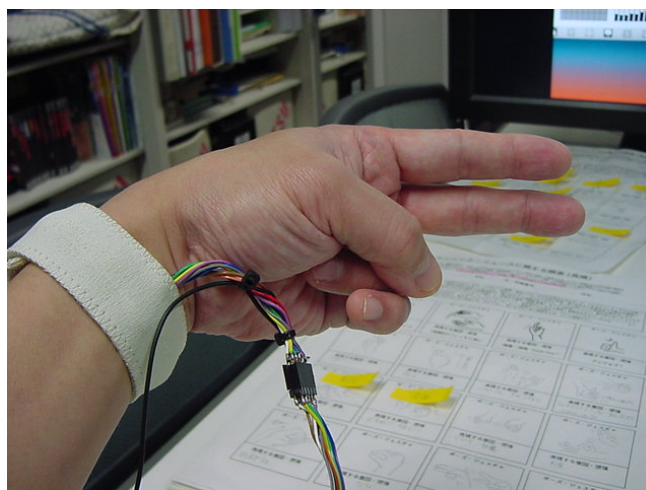


図57 ハサミでチョキチョキ(けっこう脱力) (017.txt)



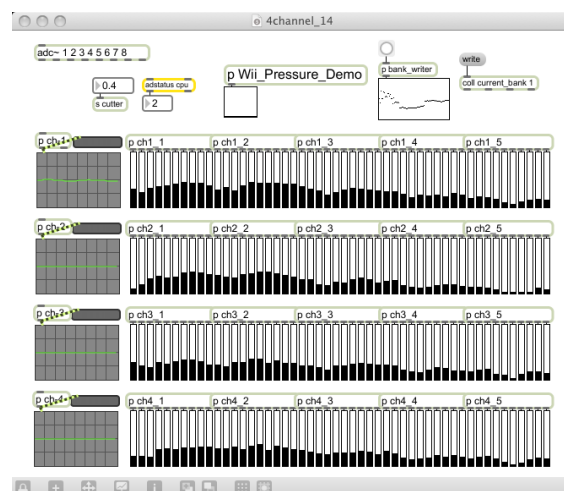
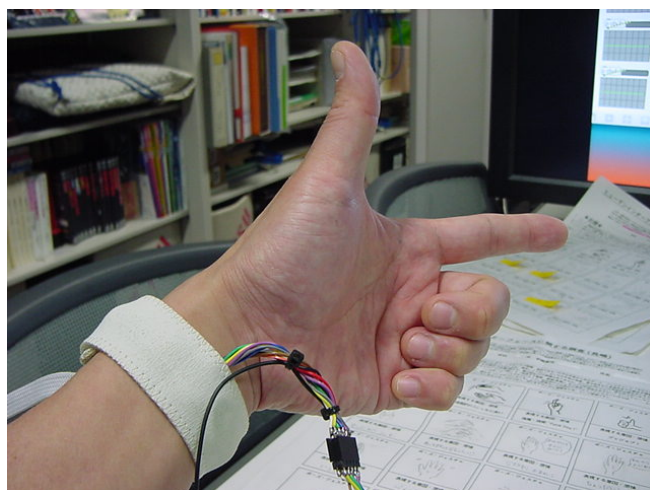


図58 ピストルの形(力を入れる) (018.txt)

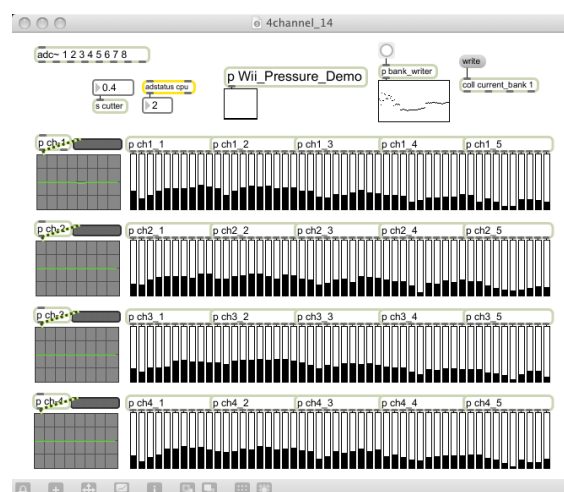
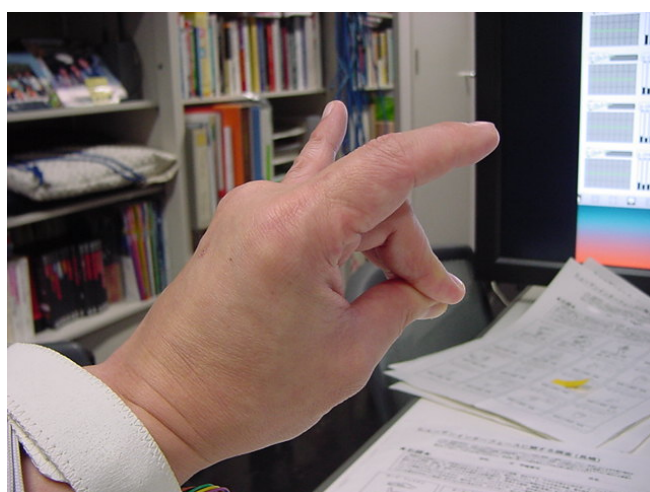


図59 狐 (019.txt)

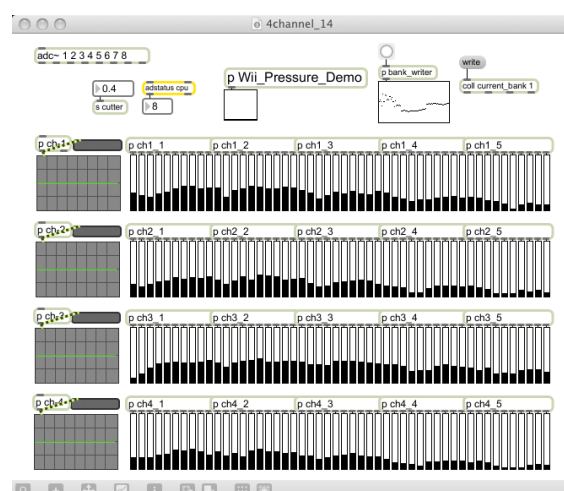
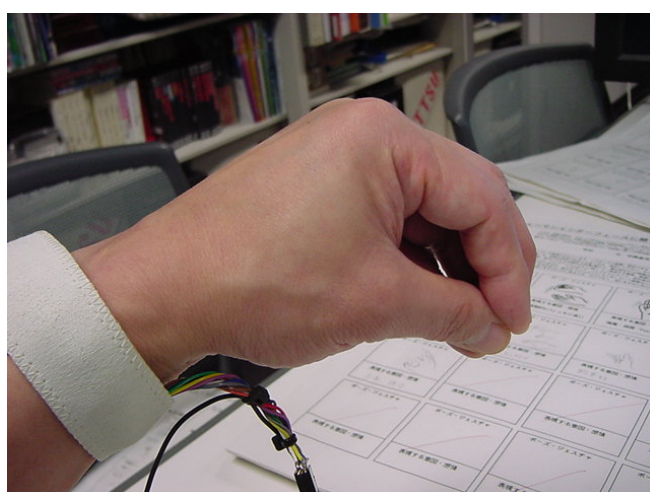


図60 そっと指全体でつまむ (020.txt)

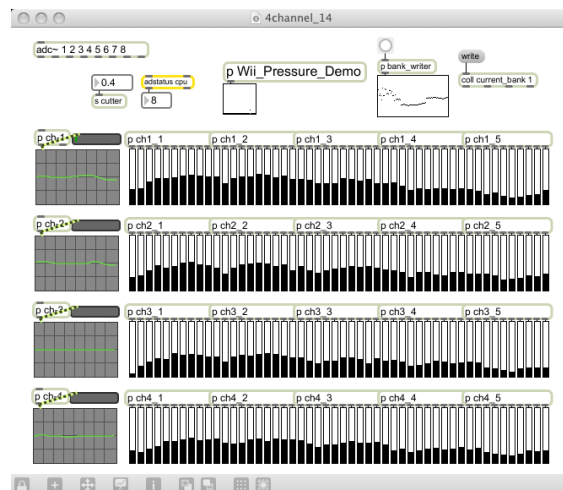


図61 ひっかく、攻撃(指先に相当に力を入れる) (021.txt)

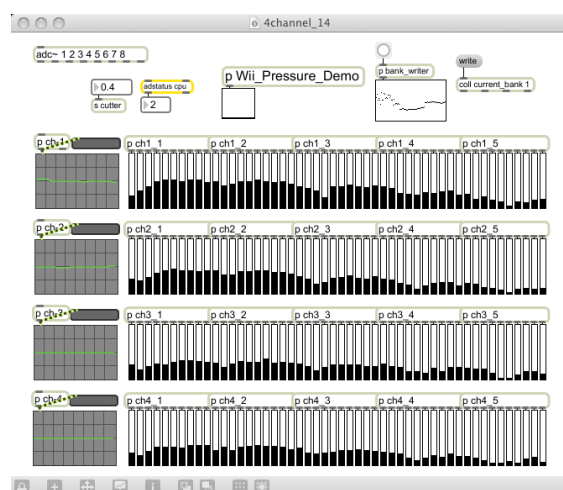


図62 筒状の物を持って「飲む」ポーズの前段階 (022.txt)

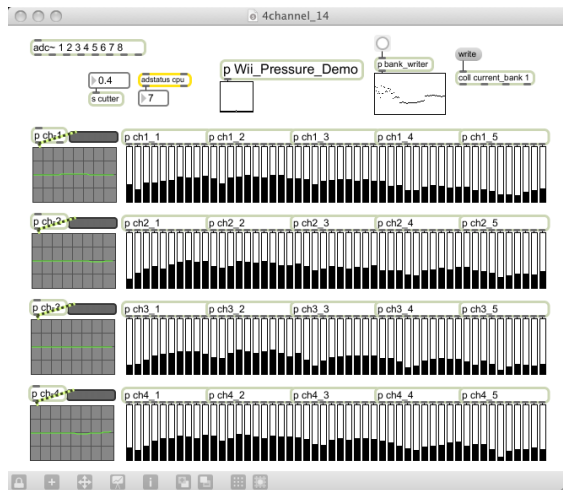


図63 模図かずお「グワシ」のポーズ(けっこう大変) (023.txt)



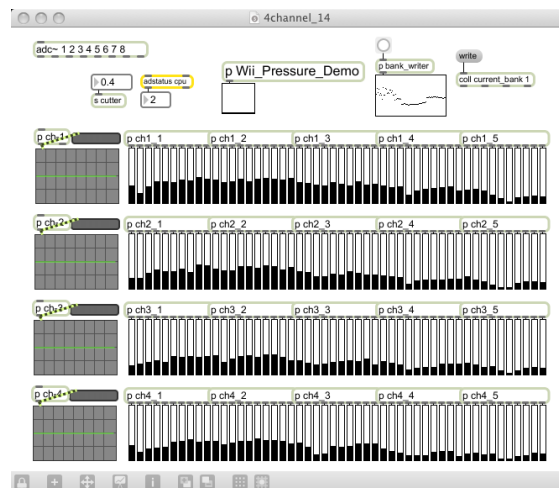


図64 人差し指だけ鍵型に曲げる (024.txt)

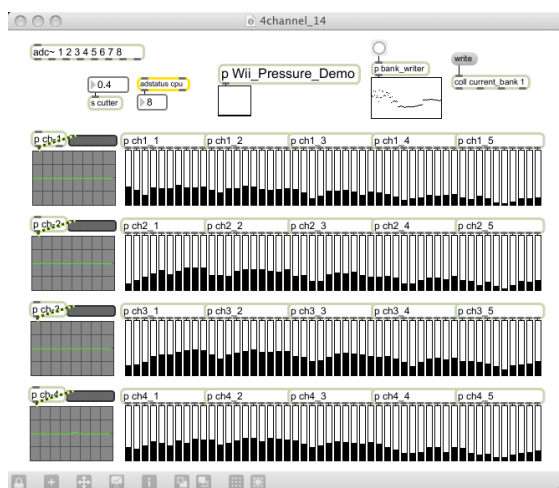


図65 親指を内側に入れて拳を握って「じっと我慢」 (025.txt)

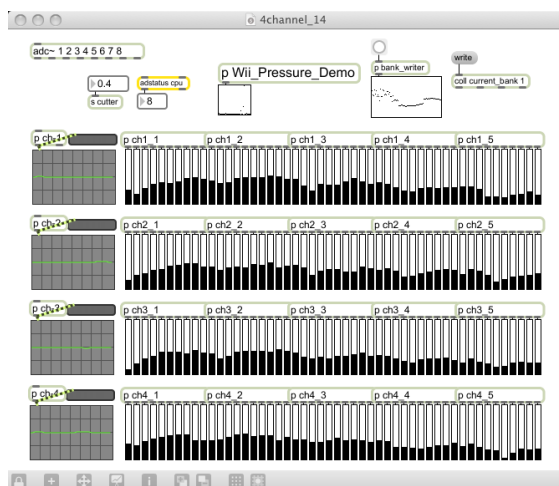


図66 「デコピン」の直前準備 (026.txt)

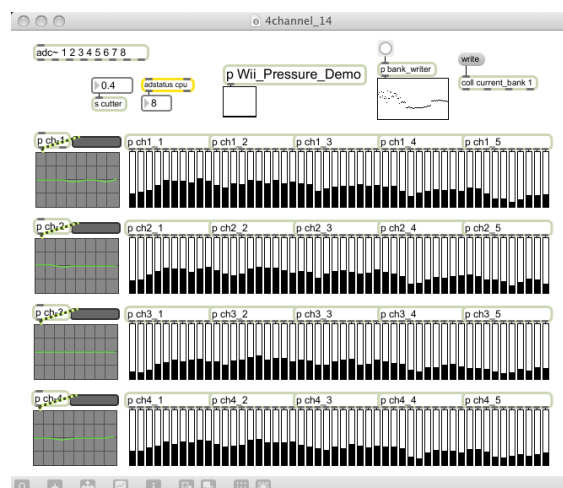


図67「豚の蹄」ポーズ(私は太ってしまった・・・) (027.txt)

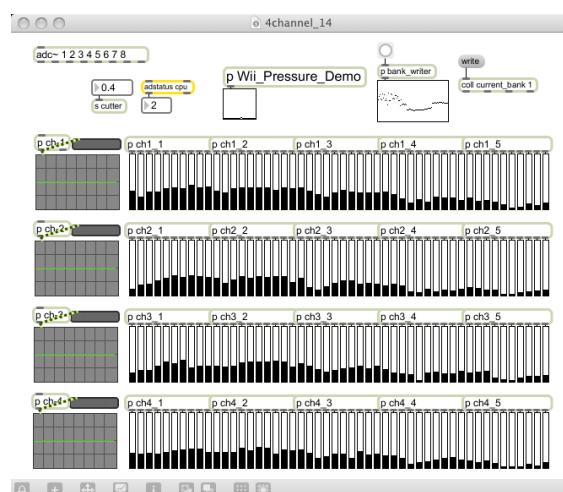
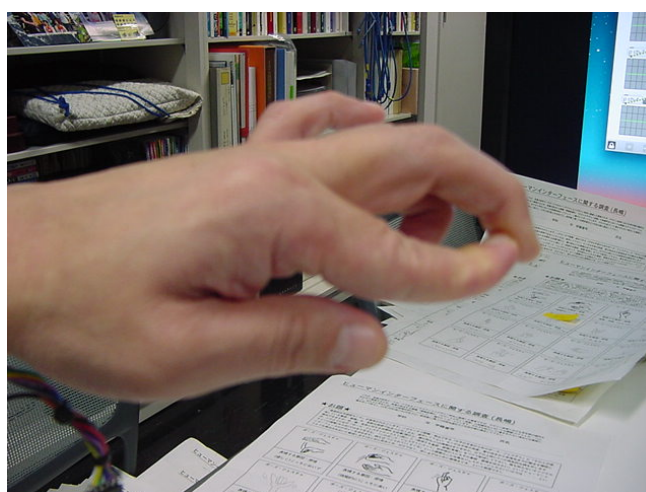


図68 猫の目 (028.txt)